

NPL SEMEN COLLECTION

TO BE COMPLETED BY PROVIDER'S OFFICE STAFF

Test ordered: Semen Analysis Post-Vasectomy

Date: _____ Dx: _____ Physician: _____

TO BE COMPLETED BY PATIENT

Please call NPL (701-530-5700) 1 day prior to collection to make an appointment for testing between 7:30 AM and 1:00 PM, Monday through Friday

- **If collecting on site, NPL will provide you with a collection kit and directions to a private collection space at our Medical Arts location.**
- **If collecting off site, please deliver samples to NPL Medical Arts location between 07:30 am and 1:00 PM, Monday through Friday.**

Read all instructions on the reverse side of this form.

Fill out the form below and return to lab personnel with the specimen.

Collection Date: ___/___/___ Collection Time: _____

Name: _____ Date of Birth: _____

1. Collection problems encountered: None _____ Incomplete specimen _____

2. Method of sample collection: Masturbation _____ Withdrawal _____
Spermicide free condom _____

3. Container type: Collection cup _____ Spermicide Free Condom _____

4. I was abstinent (did not ejaculate) for _____ days before producing the present sample.

5. Comments: _____

6. Was temperature extreme encountered? Yes _____ No _____

TO BE COMPLETED BY LABORATORY STAFF

Date/Time Specimen Received: _____ Specimen ID Confirmed By: _____ (NPL Initials)

Laboratory Personnel Receiving Specimen: _____ (NPL Initials)

Northern Plains Laboratory

Semen Collection Instructions

Examination of semen is an essential part of a fertility investigation. A **semen analysis** is not just a simple sperm count. It is an accurate measurement of the number of sperm, their ability to move (motility) and their morphology (shape). For these reasons, we need your cooperation in collecting your semen specimen according to the following instructions.

Please call NPL (701-530-5700) 1 day prior to collection to make an appointment for testing between 7:30 AM and 1:00 PM, Monday through Friday. The reverse top side of this form serves as written orders when completed by the requesting physician's office.

- **If collecting on site, NPL will provide you with a collection kit and directions to a private collection space at our Medical Arts location.**
 - **If collecting off site, please deliver samples to NPL Medical Arts location between 07:30 am and 1:00 PM, Monday through Friday.**
1. Refrain from intercourse and masturbation for at least 2 days, but no more than 7 days prior to collection of the specimen.
 2. Collection of the semen sample by masturbation (without lubricant) is preferred.
 - NPL will provide you with a specimen cup. Avoid touching the inside of the cup when collecting. If any semen is spilled, DO NOT attempt to transfer the spill into the cup. Note the spill on the reverse side of this form.
 - Alternative methods such as withdrawal from intercourse are acceptable, but DO NOT use an over-the-counter condom or lubricant, as they contain substances that kill the sperm. If you need a spermicide free condom to collect the specimen, please contact your provider's officer. NPL will not supply the spermicide free condoms. If the withdrawal method is used but the first portion of the ejaculate is lost, try again at a later date because the first portion contains the most sperm.
 3. **Label the specimen container with your full first and last name and date of birth.**
 4. This examination takes several hours for the laboratory to complete. Only certain lab personnel are trained to perform this analysis. Special arrangements must be made to delivering specimens at any other time. Please call NPL if special arrangements are necessary.
 5. The specimen must be brought to the NPL Phlebotomy Medical Arts location at 810 East Rosser Ave. **within 30 minutes of collection**. Protect the specimen from extreme temperatures (i.e. place specimen in inside jacket pocket, etc.).
 6. NPL personnel will receive the specimen cup and this form prior to testing.